



## REFUEL and RECOVER

20 oz. \$5.75 • 12 oz. \$4.75

### STRAWBERRY SLAM

Strawberries, Banana, 20grams Vanilla Whey Protein

### JAVA JOLT

Skim or Soy Milk, Coffee, Chocolate, 20 grams Vanilla Whey Protein

### BERRY, BERRY GOOD

Raspberries, Strawberries, Blueberries, Blackberries, Banana,  
20 grams Vanilla Whey Protein

### MANGO CRUSHER

Mangoes, Banana, Strawberries, Pineapple, 20 grams Vanilla Whey Protein

### HAWAIIAN HARVEST

Pineapple, Banana, Coconut, 20 grams Vanilla Whey Protein

### CHOCOLATE THINNY MINT

Chocolate Soy Milk, Chocolate, Mint, 30 grams Chocolate Whey Protein, Burn Fat Burn

### BODY BUILDER

Skim or Soy Milk, Banana, 5 grams Creatine, 40 grams Vanilla or Chocolate Whey Protein

### VEGGIE PATCH

Pineapple, Spinach, Kale, Avocado, Banana, 20 grams Vanilla Whey Protein, Lemon

## LOW-GLYCEMIC MEAL REPLACEMENT

20 oz. \$6.00 • 12 oz. \$5.00

### BANANA NUT BLAST

Banana, Peanut Butter, Skim or Soy Milk, 40 grams Vanilla Whey Protein

### TRAIL MIX

Almond Butter, Skim or Soy Milk, Cinnamon Granola, Banana, Raisins,  
30 grams Vanilla Whey Protein

### PEANUT BUTTER CUP

Chocolate, Peanut Butter, Skim or Soy Milk, 40 grams Chocolate Whey Protein

## ADD-INS

### PROTEIN — \$1.25

Whey or Soy, 20 grams Vanilla or Chocolate

### CREATINE or L-GLUTAMINE — \$0.75

Increase Stamina, Strength, and Size with lasting results

### FIBER BLEND — \$0.75

Keep your pipes clean and lower cholesterol levels

### DAILY ESSENTIALS — \$0.50

Keep your body running on all cylinders with 5g multi-vitamins and minerals

### ENERGIZER — \$0.50

Give your body a dose of natural zing

### IMMUNE SUPPORT — \$0.75

A mega dose of Antioxidants to fight the bad guys

### ULTIMATE RECOVERY — \$0.75

The perfect blend of recovery nutes to maximize your workout

### BURN FAT BURN — \$0.75

Watch the fat MELT away

### JOINT BLEND — \$0.75

Give your joints the necessary Nutrients for superior Joint Health

### PRE-PROBIOTIC BLEND — \$0.75

Maintain a functioning digestive system to absorb nutrients

### VEGGIE MEAL FOR REAL — \$1.25

NEVER miss a meal with nutrient dense green foods

### EXTRA FRUIT & VEGGIES — \$1.00

Banana, Strawberries, Blueberries, Spinach, Kale, Avocado

### ESPRESSO BEANS — \$0.75

Increase caffeine without all the extra calories

### PEANUT BUTTER — \$0.50

PB-Lite or Regular Peanut Butter